

Greece Cultural Immersion & Wellness Retreat

Agreement

September 25-October 2nd, 2023

Congratulations on signing up to join us for the amazing Cultural Immersion & Wellness Retreat in beautiful Finikounda, Greece. Paul Grosso (Musical Mindset) and co-host Madleen Alsabbah will both serve as a point of contact.

The **Greece Cultural Immersion & Wellness Retreat** is an 8-day/7-night cultural and spiritual retreat in Finikounda, Greece. Our goal is to provide a cultural experience that will support you in personal transformation, awakening your purpose, and reconnecting to self and others. The price for this retreat includes selected excursions, workshops, food, and service accommodations, transfer to and from the Athens airport and more!

Program Price:

Regular paid in full price: \$3,000. (Register by 9/1/23):

Regular installment plan: \$500 deposit, three payments \$833.33 (automatic payment plan)

****Please note your automatic payment will be withdrawn exactly one month after the first payment of 833.33 (example: If you pay on 4/22/23, next payment will be withdrawn 5/22/23)**

First Installment should be made by July 1st, 2023. All payments must be made by September 1st, 2023.

Payment Methods:

What we provide as part of your fee:

- Accommodations at Hotel Estia (seven nights, private shared room-2 people max)
- All meals: breakfast and dinner. Vegetarian options available.
- Local Excursions: Waterfall, Castle, Boat Cruise, and more.
- All healing ceremonies and workshops: Cacao ceremony, sound journey/breathwork, yoga, and dance/movement.
- All transportation near and around Finikounda, including to/from Athens airport and the hotel

Be sure to arrive sometime (preferably before evening) on September 25th. We will begin the retreat with a welcome dinner in the evening.

Airport Transfer times will be determined based on your flight arrival and departure times on the arrival and departure dates of the retreat between the hours of 8 am and 6 pm Greek time.

Please provide your flight information to the retreat organizers (Paul and Madleen) prior to Oct 15th, 2023 via email.

Important Items for you to Obtain/Provide.

1. **Travel Insurance (recommended)** . It is highly recommended to obtain travel insurance and to provide proof of insurance no less than thirty (30) days prior to the beginning of the Retreat. Travel insurance is designed to provide You, subject to deductibles and exclusions as provided by Your policy, assistance for emergency illnesses, loss of luggage, cancellation or other normal travel-related calamities and incidents. [Request Quote here.](#)
2. **Passport (REQUIRED)**. You are required to make sure that You have a valid passport that will not expire within six (6) months of the Retreat. Failure to obtain a valid passport will restrict you from traveling to the retreat from any country outside of Greece.
3. **Personal Restrictions & Awareness (Required)** Please provide us in detail any food allergies, dietary restrictions, medical conditions or injuries you may have. Please send Madleen an email within 30 days of signing up and not less than 30 days prior to the start of the Retreat.

We are so excited you can join us for this incredible Cultural Immersion wellness retreat to Greece

This Agreement for Services (“Agreement”) will set forth the rights, responsibilities, and obligations of Musical Mindset LLC and Madleen LLC (“Us” “We” “They” or “Our”) and the undersigned participant (“You” “I” or “Your”). The amount You pay Us to participate in the retreat is referred to as the “Fee.”

Agreement

I HEREBY ACKNOWLEDGE AND AGREE TO IRREVOCABLY RELEASE, WAIVE, INDEMNIFY, AND DISCHARGE MADLEEN LLC/MADLEEN ALSABBAH AND PAUL GROSSO/MUSICAL MINDSET LLC A AND ANY OTHER ASSISTANTS OF ANY AND ALL PAST, PRESENT, OR FUTURE CLAIMS ON BEHALF OF MYSELF, MY CHILDREN, MY PARENTS, MY HEIRS, ASSIGNS, PERSONAL REPRESENTATIVES/AGENTS, AND ESTATE AS FOLLOWS:

I am aware, understand, and agree for good and valuable consideration that Madleen LLC and Musical Mindset LLC (hereinafter "Paul & Madleen" "We" or "They") is to share knowledge of activity with the participants of each class.

I agree to pay the "Program Price" listed above for the cost of this retreat by the dates they are required to be paid by.

I am aware that all payments made are fully nonrefundable and earned when paid. If I decide to cancel, all fees paid are non-refundable. I am aware that travel insurance is highly recommended and It is at my own risk if I choose not to purchase insurance that will allow protection for any unforeseen events requiring you to cancel or make it not possible for you to attend.

I agree to provide any dietary restrictions, including allergies, to the retreat organizers (Paul and Madleen) prior to September 15th, 2023 via email.

I agree to provide my flight information to the retreat organizers (Paul and Madleen) prior to Oct 15th, 2023 via email.

I understand that all payments made are fully nonrefundable and earned when paid.

I understand that though travel insurance is highly recommended, their services are completely separate from Paul and Madleen and If any occurrence were to take place that would result in financial or material loss would be strictly between myself and the Travel Insurance Company/Agency.

I understand that I am required to have a valid passport that will not expire within six (6) months of the Retreat. Failure to obtain a valid passport will restrict myself from traveling to the retreat from any country outside of Greece.

I understand that the movement with Paul & Madleen may at times be strenuous and requires physical exertion and movement that may involve risk of physical injury.

I understand that I am responsible for judging my own physical capabilities and limitations. I understand that it is my responsibility to determine if any medical reason should prevent

participation in food, drinks, or activity with Paul & Madleen or require modification of an instruction given by a teacher.

I agree to notify Paul & Madleen if I am pregnant or could be pregnant, on any medication, drugs, or alcohol.

I agree to take full responsibility to not exceed my own physical capabilities.

I agree to take full responsibility and to not accuse/hold Paul & Madleen of any injury I may suffer during or as a result of my attendance and/or practice at the retreat.

I am aware that there may be some activities that are offered which I may not be able to participate in because of my height, weight, health limitations, and if I am a certain age may be too young or not young enough. There will not be discounts or refunds issued for activities during the retreat that you cannot participate in due to these items.

I agree and take full responsibility to notify the Paul & Madleen of any physical injuries or conditions that may affect my practice of yoga, dance, or any other activity or movement and to inform the instructor/facilitators before or during the retreat..

I understand and agree that the practice of yoga may involve physical adjustments of students by Madleen or Paul which require physical contact between the instructor (Madleen & Paul) and student, between instructor's assistant and student, or between student and student. I agree that if I do not want any physical adjustments during class, I will promptly notify the them before class.

I hereby fully agree and waive all claims against Paul & Madleen should any equipment malfunction at any time and hereby agree to pursue all claims against the manufacturer of said equipment.

I am aware that I am responsible for any sickness/virus/illness that may occur before, during, or after the retreat.

I am fully aware and understand all of the foregoing and hereby waive, release, and hold Madleen LLC, Musical Mindset LLC and entity affiliated therewith, including but not limited to the founders, principals, instructors, employees, volunteers, agents and/or representatives, harmless for any claim I may have as a result of my attendance at any event hosted by Paul & Madleen, including, but not limited to, any injury I receive at any time and any sickness/illness, whether from COVID-19 or otherwise, that I may receive as a result of my attendance in a class and/or event.

By signing this agreement, I acknowledge that the products and services provided by Musical Mindset LLC and Madleen LLC are not FDA approved and do not heal mental or physical diseases, ailments, or conditions of any kind. Furthermore, I acknowledge that the products and services provided by Musical Mindset LLC and Madleen LLC may, under certain

circumstances, cause unintended negative reactions which may manifest physically and mentally.

I understand that while Paul and Madleen are doing their best, there may be times when they simply can't meet Your necessary accommodations. So that they have as much time as possible to make accommodations, I agree to notify them of any accommodations I require before signing up for this retreat.

Should we be required to cancel or reschedule the retreat due to COVID restrictions or any other worldly issues that make Greece inaccessible, we will first reschedule the Retreat and offer those dates to attendees as a rescheduling option. Should those new dates not work for attendee, they should reference their Travel Insurance. If an attendee has purchased CAT Insurance ("Cancel Anytime Travel Insurance) it will cover and refund you 100% of your Retreat payment. [Request Quote here.](#)

What we provide as part of your fee: Your fee includes an eight day/seven night retreat to a host property in Finikounda, Greece ("Retreat"). The overall terms of your specific retreat can be found on the "2023 Greece Terms Of Service Agreement" sheet.

To the extent that We provide onsite instructors, and excursions, We need You to know that those people are not Our employees or agents. Although We have done Our due diligence on the companies We contract with, We don't make any representation or warranty, either express or implied, about their suitability or safety. More importantly, We won't be responsible for any loss, delay, disappointment, damage, injury, death, or other harm which befalls You in connection with these activities. Ultimately, while We make these opportunities available to You, it is up to You whether You decide to participate in any given activity or not.

I understand that if I make independent arrangements before, during, or after the Retreat of any kind, as well as any other tours, excursions, activities, hotels, restaurants, attractions, shows or other similar activities or services, including any ancillary services provided in connection with any of these types of activities, I am aware that they have nothing to do with those plans, and my participation in them are at my own risk.

I have carefully read the above release of liability and fully understand and agree to the above by signing below.

I understand that I may bargain for a different waiver of liability terms. However, I hereby waive my right to bargain for a different waiver of liability terms. I have read this Waiver of Liability/Release and understand its terms. I know that I am giving up substantial rights by signing it but I do sign it freely and voluntarily.

We are very excited about Your decision to join the Retreat. If You have any questions, You should ask them before signing. You can even bring a copy to Your attorney and ask them to review it for You.

I HAVE SPECIFICALLY REVIEWED ALL OF THE TERMS OF THIS AGREEMENT. I HAVE HAD AMPLE OPPORTUNITY TO FULLY CONSIDER MY PARTICIPATION. I UNDERSTAND THE RISKS, AND RESPONSIBILITIES. I HAVE HAD THE OPPORTUNITY TO ASK QUESTIONS BOTH OF ARIZE RETREATS, LLC AND FROM MY OWN LEGAL COUNSEL, IF I CHOSE TO DO SO. I UNDERSTAND THAT IF I CHOOSE TO SIGN WITHOUT ASKING QUESTIONS OR DISCUSSING WITH MY LEGAL COUNSEL THAT I AM GIVING UP MY RIGHT TO LATER SAY I DID NOT HAVE THAT OPPORTUNITY. BY MY SIGNING BELOW I ACKNOWLEDGE THAT I UNDERSTOOD THE TERMS PRESENTED IN THIS AGREEMENT AND AM VOLUNTARILY CHOOSING TO PARTICIPATE OF MY OWN FREE WILL.

Your signature indicates that you have read and agreed to the Terms of Service Agreement:

Print Name:

Signature:

Date:

Application accepted on: (Facilitators to complete)

Retreat Facilitator Names: *Paul Grosso and Madleen Alsabbah*

Business Affiliation: *Musical Mindset*_____